



San Juan County 4-H Leaders News November/December 2007

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MAKING THE BEST BETTER

More Support for You!

4-H Program Coordinator Position Expanded

Thank you to the special efforts of the 4-H Leaders' Council this year, and, Extension Director Tom Schultz's persistence with the County over the last few years, the 4-H Program Coordinator position has been expanded from 26 to 32 hours! This means Cindy will now be more available to support your needs in serving our 4-H youth. We are so very please at this approval, as we have been struggling to maintain our growing program and expanding 4-H Volunteer Leader team. With a variety of increasing administrative tasks requested through WA State 4-H, the weekly hours of the 4-H Program Coordinator position has been inadequate, as you know. With the 2005 Leaders' Council vote to implement a 4-H club member fee, Cindy has been compensated for extra hours worked. We appreciate the vision of the Leaders' Council on this greatly. Now, full support will come from San Juan County budget starting January 1, 2008. How the club member fees will be directed now may be up for question to you all in the coming year.

You may have already received an email about what this looks like for the Extension office but just in case, here are the details. Cindy will now work Monday through Friday from 8 am to 4 pm. If you call after closing hours (3:30 pm), please call Cindy on her direct line (see article below!).

Grays Harbor County Flood Relief

The Grays Harbor 4-H Youth program would like to thank everyone who has called with offers of assistance and help for our 4-H families during

the disaster that has hit us and our surrounding counties. "Neighbors helping neighbors" was truly personified during last week's extreme weather and is still a way of life for people trying to return to normalcy. The Grays Harbor Extension Office hosted the National Guard last week and we are currently hosting the American Red Cross. If you would like to make a monetary donation to 4-H families in need, please make checks payable to the Grays Harbor 4-H Council and specify relief fund. Thank you everyone for your support and concern. ~ Carol Rieth, Grays Harbor 4-H Program Coordinator

San Juan County Extension Goes High Tech



A new phone system has just been installed! When you call the Extension Office using our 378-4414 number you will be greeted by our Office Manager Susan Herrera, just like before. She

will be happy to forward your call to either Alice or Cindy for all of your 4-H needs. BUT.... if you want to call Alice or Cindy directly, we have new numbers that you can dial to reach us directly. Wow!

To chat with Alice please call 370-7665. To chat with Cindy please call 370-7662. If you call this number and do not get an answer, our voice mail will take over and you can leave us a voice message. We will be so excited to get a message from you and will return your call promptly.

HOME ON THE ISLANDS

Fundraiser for Country Critters

Feb. 9, Market Place

The San Juan Island Country Critters will be having their 6th annual Bake Sale fundraiser. Traditionally the proceeds from this event help to cover the costs of club sweatshirts and helps to buy decorations for Fair. The club is also planning for educational clinics and some extra funds will help to assist in these great learning opportunities. For a sweet Valentine's treat, please plan on stopping by Market Place from about 10-2. ~Emily Hallock

Shaw Island Pioneers Bake Sale

Shaw Island community members enjoyed the Santa Ship festivities and were entertained by 4-H club member Ian Allaway as he played his violin. Almost every 4-H member and leader attended the annual fundraising bake sale event. The tip jar alone was estimated to contain well over \$40.00. ~Jan Sanburg and Gigi Allaway



Clover Buds Abound

The San Juan Island Country Critters Club (Rabbit, Cavy and Poultry) has grown in numbers this year (25 currently enrolled) with a new challenge. 40% of the group are primary members; a.k.a. "Clover Buds". With this new phenomenon came the challenge to meet the needs of the Junior, Intermediate and Senior members as well as the needs of the youngest members of the group. In an attempt to meet this goal, a new Clover Buds curriculum was created and a new leader, Annette Crosby has volunteered to help the younger ones learn about 4-H in general and some general information about their projects. It's been fun seeing how these younger members learn and explore. We are still working out the kinks but the year promises to be a fun, interesting and challenging. ~Cathy Cole

Leaders Council Meeting January 5, Orcas Hotel

Tis the season to wish each of you a very happy and joyous holiday! I hope that you all have time to relax and enjoy the season.

It has been an exciting year for the 4-H Leader's Council and I hope you are all very proud of the great work that is being done and your part in it.

Truly, it is an honor to serve as the Council President; I have learned a lot about the 4-H program and have an even greater appreciation for each of the leaders in San Juan County and how their diverse talents help to make ours the greatest organization for youth. Certainly it is time to look ahead to 2008 and all the wonderful 4-H events that we have to look forward to. Please plan to attend the Leader's Council meeting on Orcas Island, January 5th 2008.

This is an important meeting! All policy item changes or updates that will affect the eligibility for members during the 2008 Fair must be addressed at this meeting.

Please notify me of ANY proposed policy addition, change, or correction so that it can be added to the Agenda by Dec. 27th. Thank You! ~Jan Sanburg, office@nmt.us

A BIG Deadline Day March 1, 2008

As fast as time goes by, I thought it would be good to send out a quick reminder now to give you advanced notice of several tasks that need to be attended to before the March 1 deadline. Please send the following to the Extension Office on or before this date:

- Enrollment forms for members planning on participating at the Fair with an animal project.
- Insurance payments from each island umbrella group or club. Also include a list of names of active leaders. Costs are: \$2.00 for each horse member/leader and \$1.00 for any other project member/leader.
- Enrollment (registration) fees for members. The cost is \$15.00 per member. This will generate funds for the Educational Scholarship Committee and helps cover

extra hours for the Program Coordinator position.

Additional information in a form will be sent out with further instructions and details on the best way to send the insurance and enrollment fees. Leaders Council treasurer will be really appreciative if we follow the instructions and not send her tons of individual member checks. Thank you so much for attending to these important tasks.

SPEAKING OF DEADLINES:

THIS IS A FRIENDLY REMINDER TO
SUBMIT YOUR ANNUAL

FINANCIAL SUMMARY REPORT
AND PEER REVIEW TO ALICE AT THE
EXTENSION OFFICE BY:

JANUARY 31ST.

KYG Pre-Conference Sessions Begin January 6, 2008

Teens in grades 9-12 who are interested in participating at the upcoming Know Your Government conference in February will need to plan on attending four pre-conference meeting sessions. We will try to schedule the meetings so every member on every island can attend.

The first of the four KYG meeting sessions will cover political parties, platforms and parliamentary procedure. Registration information will also be covered and a general overview of the conference. These meetings are an important part of preparing for the actual conference and will make the event even more valuable. Please contact Cindy for additional information about the KYG event or attending the conference. We are also interested in hearing from you if you would like to volunteer as an adult chaperone participant. Scholarship funds are available through Leaders Council.

Extension programs and policies are consistent with federal and state laws and regulations are nondiscrimination regarding race, color, gender, national origin, religion, age, disability and sexual orientation. Evidence of noncompliance may be reported through your local Extension Office.

BEYOND THE ISLANDS

2008 PNW Livestock Judges and Show Management School

Please save the date and help spread the word! The sixth PNW Livestock Judges and Show Management School will be June 26-28, 2008 in Pullman, WA. Livestock judges' presentation tracks will focus on beef, lambs, goats and swine. Judging topics will include market and breeding animals and fitting and showing. The show management program will include presentations on various issues related to both people and animals at fairs. More information about this event will be forthcoming. For more information, contact Jan Busboom at: busboom@wsu.edu or Mark Heitstuman at: heitstuman@wsu.edu. ~Susan Kerr

Internet Safety for Educators Training Opportunity

Even before they enter Kindergarten, children know to look up and down the street before crossing. Unfortunately, not even most high school students know to "look both ways" when maneuvering the Internet, and increasingly, teachers are responsible for educating children about Internet Safety.

Washington State University's Center for Distance and Professional Education, in partnership with internationally recognized Internet Safety expert Linda Criddle, has developed a new online course, Internet Safety for Educators that provides real-world solutions. Visit The Center for Distance and Professional Development homepage at: <http://www.capps.wsu.edu/> and click in the What's New box on Internet Safety for Educators ~Dr. Mary Dyck, University of Lethbridge

The course will teach you about:

- Online predatory behavior including how predators choose their victims
- What information individuals actually divulge online (vs. what information they think they are sharing)
- Minimizing risks while using popular Internet products (instant messaging, blogging, social networking, etc.)
- Safe Internet use in the classroom, and much more!

Fast Track to Success! Washington State 4-H Summer Teen Conference

June 29-July 1, 2008, Pullman WA

Be a part of the teen conference planning team! Interested 4-H staff, faculty, volunteers and teen leaders are welcome to participate in the core planning of this event. Please contact Jan Klein at <mailto:jklein@wsu.edu> if you are able and willing to serve in organizing this dynamic event.

~ Jan Klein

County Teen Representative (CTR) Leadership Trainings

January 21, 2008, King County Extension

Many counties are participating in the 4-H County Teen Representative (CTR) State/County leadership program for middle age teens. About 18 counties have selected CTRs. Other counties have youth involved in local leadership positions and would like additional information about this unique program. This training is for both of them, their advisors, interested 4-H volunteers and 4-H Staff.

Youth will participate in active learning workshops in basic leadership skills and build a network with other middle school teens across the State. Adult CTR advisors will be orientated to become effective mentors and to their role in helping the 4-H teens have a successful experience. Second year CTRs and beginning CTRs will have some workshops together and some separately to be applicable to their experience and roles. The cost is \$10.00, which includes notebook, supplies and snacks. The training is from 9:00-3:00. ~ Jan Klein

Scholarship Opportunities for High School Seniors

Each year Washington State 4-H members, who are seniors in High School or completing their GED, are eligible for many scholarships. Washington State 4-H is pleased to offer 15 different scholarships. Please note that there are two different sets of criteria for the scholarships. Current and former Washington State 4-H members are eligible to apply. Applicants must have accumulated at least 2 years of 4-H affiliation. Previous Washington State 4-H scholarship recipients are not eligible to apply.

In conjunction with the WSU College of Agricultural, Human, and Natural Resource Sciences, we are excited to offer four Washington State University 4-H \$1500.00 scholarships: two for achievement in Leadership and two for achievement in Citizenship/Community Service. Each of these scholarships is worth \$1500.00 toward tuition in a student's freshman year at Washington State University, College of Agricultural, Human, and Natural Resource Sciences.

Applicants being considered for the Leadership and Citizenship/Community Service Scholarships will first be reviewed for the College of Agricultural, Human, and Natural Resource Sciences Dean's Merit Award worth \$3000.00. To be eligible for these scholarships a youth must complete both the Washington State University Scholarship Application (online only) and the WSU/CAHNRS 4-H State Scholarship Supplemental Information (send to Britta Nitcy). Applications must arrive at WSU by January 31, 2008. Please note:

Washington State University Scholarship Application is ON-LINE ONLY. Applicant must complete a WSU application and receive a student ID PRIOR to applying for the Scholarship.

The other Washington 4-H Scholarships require a completed 4-H Scholarship Application and Washington State 4-H Scholarship Supplemental Application Information. Each applicant will be considered for all Washington State 4-H Scholarships. These applications must be postmarked by March 1, 2008. These scholarships may be used at any institution offering post-secondary education (i.e. Seattle University, The Ohio State University, Technical and Community Colleges, Cosmetology school, DigiPen Institute of Technology, etc.).

A 4-H'er may be awarded only one of the Washington scholarships mentioned above.

There are two different sets of requirements for the scholarships; one for the College of Agricultural, Human, and Natural Resource Sciences and the other for general 4-H Scholarships. Each has a checklist to make sure you don't forget any part. Much of the

information is repeated in different ways on each (unfortunately, this is necessary because we are working with different systems). Once you have completed the first form the others should be much easier!

In summary, the scholarships available are:

Washington State University, College of Agricultural, Human, and Natural Resource Sciences State 4-H Scholarship: (Received by January 31, 2008 at WSU)

Dean's Merit Scholarship \$3,000
Two @ \$1,500.00 for Leadership
Two @ \$1,500.00 for Citizenship/Community Service

Washington State 4-H Scholarships: (Postmarked by March 1, 2008 to State 4-H Scholarship Committee)

J. Orville Young Memorial Scholarship
One @ \$500.00

Lewis County 4-H Leaders Scholarships
Six @ \$500.00

O.M. Plummer Memorial Scholarship
One @ approximately \$575.00

Washington State 4-H Foundation Scholarship
One @ \$500.00

Washington State 4-H Foundation Dairy Endowment Scholarship
Two @ \$500.00 (Must be/have been a 4-H Dairy Member. One for a senior in High School and one for a current college Student.)

More information about WSU College of Agricultural, Human, and Natural Resource Sciences scholarships can be found at:
<<http://academic.cahe.wsu.edu/scholarships.htm>>

General information about financial aid and WSU scholarships can be found at: <<http://www.finaid.wsu.edu/scholar/>>

The 4-H Scholarship Application form may be obtained from your local County Extension office or downloaded from the Washington State 4-H Website: <<http://4h.wsu.edu/kidstuff/scholar.htm>>

If you have any questions about the scholarships please contact me at (509) 358-7937 or email to: jklein@wsu.edu. ~ Jan Klein

Resources for Reporting Child Abuse or Neglect

Our office will be using this new updated resource for our new leader trainings. If you have already been through the training and want a refresher, visit the Washington State Department of Social & Health Services website, <<http://www1.dshs.wa.gov/ca/safety/abuseReport.asp>>, for information on how to report child abuse and neglect. You can view/download the brochure "Protecting the Abused and Neglected Child."

You can also view/download a 23-minute Mandatory Reporter's Video that provides guidance for those who are required by Washington State law to report child abuse or neglect. This video replaces the Canadian video you have been sharing "Put the Child First." ~ Pat BoyEs and Jan Hiller

Teen Opportunity: Imagine Tomorrow

Washington State University would like to invite high school students to get involved. The first annual Imagine Tomorrow competition is seeking your solutions to the problem of finding future sources of power. To learn more visit: <<http://www.imagine.wsu.edu/default.aspx>>

Beekeeping Essay Contest

The 2008 4-H Bee Keeping Essay Contest topic is "The Results of Honey Bee Pollination in My Community." The results of honeybee pollination are many and varied. Essayists are encouraged to become familiar with these pollination activities and then survey their communities to see what examples they can find.

This contest is open to active 4-H Club members only. For more information and contest rules contact Carol Beckman at <<mailto:beckmanc@wsu.edu>>. Entries must be post marked by January 31, 2008 and mailed to Carol Beckman, 7612 Pioneer Way E, Puyallup, WA 98371-4998. ~Carol Beckman

Inter State Exchange Opportunity

A Fremont County Colorado 4-H club is planning an exchange trip to Western Washington for June 2009. They are willing to host a group sometime between now and June of 2009. They would like to go into Canada while in Western Washington. If you or a club in your county would be interested in connecting with this group, contact Carol Beckman at <<mailto:beckmanc@wsu.edu>>. ~Carol Beckman

Tufts University Professor Rich Lerner on "Good Morning America"

The teen years don't have to be difficult, Tufts University Professor Rich Lerner told Elizabeth Vargas on "Good Morning America" today as he promoted his new book, "The Good Teen." Dr. Lerner is director of The 4-H Study of Positive Youth Development, which is the basis of much of the findings in the book. You can watch the clip online at: <<http://www.myfoxboston.com/myfox/pages/Home/Detail?contentId=4932269&version=2&locale=EN-US&layoutCode=VSTY&pageId=1.1.1>>

The stereotype that teens are troubled is just that: a stereotype, Dr. Lerner said. He told Vargas and *GMA* viewers that parents can take three actions to help their children through the teen years:

1. Spend quality time with your children.
2. Teach your children life skills.
3. Ensure that your children have a leadership role in their families and communities.

When parents focus on these three actions, the 5 Cs of positive youth development—competence, confidence, connection, character and caring—occur, Lerner explained.

The bottom line—parents need to find out what their kids are interested in and take part in their lives. A great way for parents to ensure that their children have that connection with them or other caring adults is to get them involved in their local 4-H Youth Development Program offered across America by the Cooperative Extension System of state land-grant universities. Use findings of The 4-H Study of Positive Youth Development to promote 4-H to parents and other stakeholders in your community. Promotional tools for The 4-H Study of Positive Youth Development are

available at <<http://www.4-hbrandnetwork.org/>
~Laura Phillips Garner, Director of Marketing
Communications, National 4-H Council

DEADLINES & GUIDELINES

COUNTY/STATE FAIR NEWS

Superintendents Needed for Fair

Now is the time for leaders and parents to consider volunteering for a very important role during Fair: Department Superintendent. Thank you to all past volunteers who have taken on this role and we hope that you are excited to continue again this year. Without you, we could not have a Fair!

Cindy has been updating the Superintendent binders with up to date information and step-by-step instructions for most all the departments. This should make the process smoother and will provide all the necessary details to get the job done easily. I know the Fair is months away, but planning begins soon for our superintendents. Included in the binder will be updated judge contact lists, which will be one of the first jobs to tackle. The department binder will be delivered promptly to each superintendent who volunteers! We look forward to hearing from you with your questions or interest in being a department superintendent or helper.

4-H CALENDAR

2008

Jan 5: Leaders' Council Mtg, Orcas Island
Feb 16-19: KYG Conference, Olympia
March 6-9: Western Regional 4-H Leaders' Forum, Idaho
March 29-April 3: National 4-H Conference, Washington, D.C.
May 9-11: WSU High School Competition, Pullman
June 14-22: First 4-H Rite of Passage Program
June 29-July 1: State Teen Conference, Pullman WSU Campus
June/July: OMSI 4-H Weekend Camp, English Camp
June-Aug: OMSI 4-H Week-Long Camps, English Camp
Aug 13-16: SJC Fair
Sept 5-28: State 4-H Fair
October 17-19: WA State 4-H Leaders' Forum, Everett

2008

Animal Ownership Deadlines to show at the County Fair or Junior Livestock Shows (State Deadlines)

April 17 15 (120 days*): Market Beef

May 17 15 (90 days*): Horses, Breeding Beef, Llama/Alpaca, Dairy (except replacement heifers)

June 16 14 (60 days*): Goats, Sheep, Swine, Cats, Cavies, Dogs and Dairy Replacement Heifers

July 1 June 29 (45 days*): Rabbits and Poultry

*Number of days prior to County Fair or Junior Livestock Show.

Jan 10: Teen State Ambassador Applications due

Jan 20: KYG 2008 registration & payment: To Extension

Jan 21: Westside CTR Leadership Training, King County

Jan 31: Financial Summary Report and Peer Review: To Extension

Jan 31: WSU Scholarship Applications: To WSU

Jan 31: Beekeeping Essay due

Mar 1: Animal Member/Project Enrollment For Fair 2008 Exhibition: To Extension or postmarked

Mar 1: WA State 4-H Scholarship App's: To State 4-H Scholarship Committee

Mar 1: Insurance Payments due: To Extension

Mar 1: Enrollment Fees due: To Extension

May 15: Horse Certificates and Leases: To Extension or postmarked.

June 1: Still Life Member/Project Enrollment for Fair 2007 Exhibition: To Extension or postmarked

June 26: Perpetual Trophies to be turned into Extension Office

July 15: Local 4-H College Scholarship Applications: To Extension or postmarked

July 24: Animal & Still Life Entry Form: To Extension. Postmark by July 21

July 24: Horse Entry Forms: To Fair Manager (PO Box 1094, FH 98250) Postmark by July 21

Aug 28: Complete Record Books (entered for judging): To Leaders

Sept 4: Judging results of Compete Record Books: To Extension

Sept 25: List of Club Members who've Completed 4-H Year: To Extension.

Please Note: If a deadline for submitting something to the Extension office falls on a Friday, Saturday, Sunday or holiday when the office is closed, please submit on the last working day before the deadline date. (Motion passed Mar/06)

4-H Program Sponsors

San Juan Island Prevention Coalition

San Juan Health & Community Services



SAN JUAN
ISLAND
COMMUNITY
FOUNDATION



United Way



OUR WEBSITE

<http://sanjuan.wsu.edu>

Links include:

National 4-H web: www.4-h.org/

National Council: www.fourhcouncil.edu

Washington State: <http://4h.wsu.edu/>

Whatcom: whatcom.wsu.edu/

Snohomish: snohomish.wsu.edu/

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